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Thoracic Outlet Syndrome

Work Related Upper Limb Disorder Guides

1 Thoracic Outlet Syndrome

This affects the area between the lower neck and armpit in what's known as the thoracic outlet. Pain, tingling and numbness occur in the arm, shoulder and neck when the thoracic outlet is compressed.

Jobs with a lot of lifting and where there's strain put on the shoulders, neck and arms can cause the condition.

2 What Can I Do?

Don't suffer in silence. Keeping quiet can make things worse, both for you and your employer. RSI is as serious as any other work-based accident or incident, and you could miss out on compensation if your employer's been negligent in any way.

Companies will have insurance in place for situations like this and they'll have their own solicitor to fight their case. It doesn't matter how long you've been there either; your rights remain the same.

If you believe you have developed RSI as a result of your work and your employer has been negligent, you could be entitled to compensation.

If you'd like to discuss your situation, you can call us on

0800 122 3130