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Diagnosing Your Repetitive Strain Injury by Mercury Legal Online - Experts in RSI Injury Compensation

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Diagnosing a Repetitive Strain Injury

There's no single test for Repetitive Strain Injury and it is often diagnosed by your Doctor from your symptoms. Usually your Repetitive Strain Injury the symptoms can go away if you have to give up a job that caused your RSI in the first place. Your Doctor will examine the limb that's affected and will ask about your symptoms, medical history as well as any repetitive jobs you have at work.

Your GP will be able to diagnose your RSI as either Type 1 RSI or Type 2 RSI. Type 1 RSI can be diagnosed from your symptoms and can be identified a medical condition such as nerve entrapment (carpal tunnel syndrome - CTS). If your Doctor cannot diagnose you for having Type 1 or an associated Type 1 condition (such as Carpal Tunnel), then you may require a blood test to rule out osteoarthritis or inflammatory joint diseases. If neither diagnosed, then you will be identified as having Type 2 RSI or diffuse RSI. Over-use of one part of the body can have a cumulative effect over a long period of time. The repeated action or actions can result in tiny tears in muscles, which in otherwise healthy people will typically heal relatively easily. However, this repeated stress and repair will ultimately lead to a pulling of the associated muscle which will affect the limb, causing the discomfort and possible pain and consequent impairment of it.

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What Can I Do Next?

If you have a job that requires the repetitive use of your hands or fingers or exposes you to vibration equipment or tools and you feel that you may be suffering with Repetitive Strain Injury, you should talk to your doctor and contact Mercury Legal Online Free on 0800 122 3 130 about a claim for compensation.

If you've experienced any of the symptoms for Repetitive Strain Injury such as tingling, numbness or decreased grip strength you should speak to your GP as soon as possible about organising a test for RSI.

Make a claim now, visit: Repetitive-straininjury.co.uk

Trust in Mercury Legal Online

At Mercury Legal Online our expert occupational disease team of solicitors know the affect that having RSI has on their quality of life and ability to carry out their job affectively. This is why if we take on a claim for RSI, we make sure we obtain as much compensation as possible, as quickly as possible.